

# SMART WATCH

Operation Instruction

Please carefully read the instruction before use your watch!

Language available in APP: Simplified Chinese, Traditional Chinese, English, Arabic, German, Spanish, French, Italian, Japanese, Korean, Russian, Portuguese

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3. Manual instruction

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- 2) Bluetooth ON/OFF mode
- 3) Review the exercise data
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- 6) Time&12/24-H format setting
- 7) Calendar
- 8) Remote control and photograph

4. APP manual instruction

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- 5) Shaking(taking) photos
- 6) Data reset

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11) About us

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# 1. Screen subtitles & buttons function

Button A: EL backlight & Bluetooth ON/OFF

Button B: Mode shifting & functions review

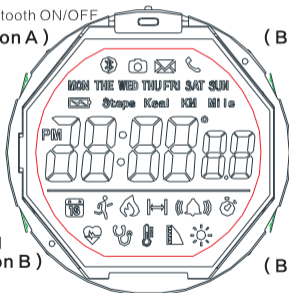
Button C: Confirm & start

Button D: Pause & reset

LIGHT/Bluetooth ON/OFF

( Button A )

( Button C ) START



MODEI

( Button B )

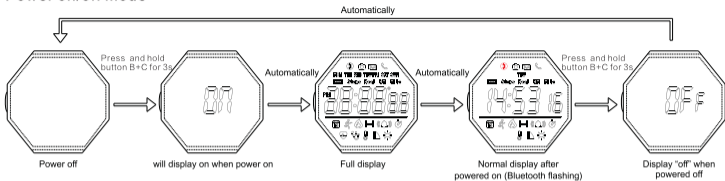
( Button D ) RESET

## 2.Functions description

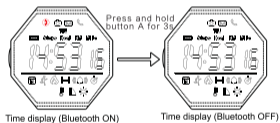
- 1.14 digits, LCD display week ,hour, minute, second, day, month.
- 2.12 / 24 Hourly format ,when connected to mobile, will keep synchronizing.
- 3.2Step counting, calories consumption/distance measurement in the whole day (After connecting your phone, data can be uploaded)
- 4.Sleep monitoring(If you wear the watch when sleeping, sleeping data can be reviewed once connected to your phone )
- 5.Alarm: time setting for your alarm(connect to your phone and set alarm time in your APP)
- 6.Stopwatch: the max value is 23 hours 59min and 59 seconds.
- 7.EL backlight: in any mode, backlight flash for 2s if press button A
- 8.Bluetooth ON/OFF(decrease power consumption in different modes)
- 9.Android/iOS APP for both Chinese and English sharing exercise data among your friends.
- 10.Exercise data storage(data storing for 7 days)
- 11.Automatically update the time, date and alarm setting in your phone.
12. Remind you if there is any call, message, QQ, Wechat, Twitter、Facebook、WhatsApp、Skype、Line
- 13.Taking phone by remote control
14. Searching for device, call the watch by your phone
15. Searching for the phone, call the phone by your watch
16. Humidity display
17. Altitude display
18. UVI

## 3.Manual instruction

## Power on/off mode



## Bluetooth ON/OFF mode



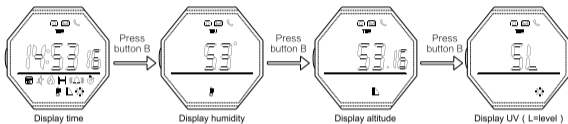
## Review the exercise data



Note: 1. The current day mean time from 0–23:59;

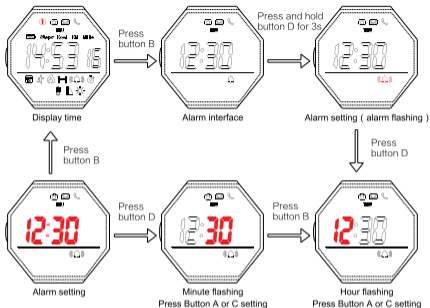
2. The device initially display 24-hour step counting mode and the counting start from the 12th step to avoid miscount.

### Check the humidity, altitude and UV by your phone

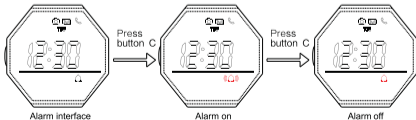


Note: Click Refresh to get the relative humidity, UV level, altitude at the time of the location, and the mobile phone and watch are connected and synchronized to the watch. Get only once a day.

## Alarm setting mode



- Note:**
1. When it is your alarm time before 20s, the watch will sound BEEP, and the alarm sign will flash
  2. When it is in alarm mode, press button C to turn it on/off



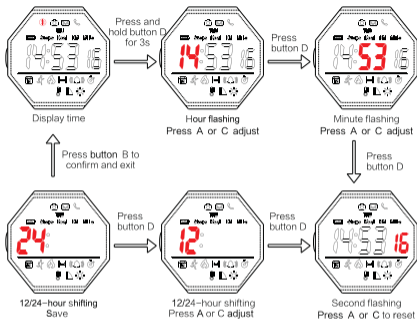
## Stopwatch mode



- Note:**
1. Stopwatch max value: 23 hours 59 min 59.99 s. The first 23 min and 59.99 s, the accuracy is millisecond, the rest is second only.
  2. Once it reaches the max, will count from 0 again.  
If the stopwatch is not reset and shifted to other mode, it will keep running



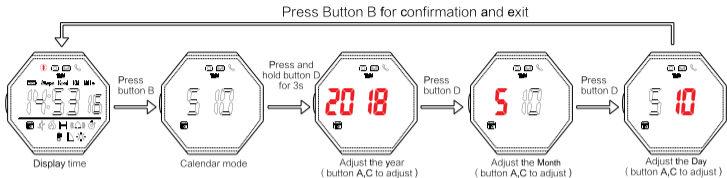
## Time and 12/24-hour setting



**Note:** 1. When the time, date and 12/24-hour format are in any setting status, you can confirm and turn back to time keeping mode by pressing button B.

2. When it is in any setting process, will quit and turn back to timekeeping mode without button pressing for 5s

## Calendar setting



## Take photos by watch remote control

When your phone and watch connected, choose “take photos by watch remote control” in APP, then shake your watch, the phone will take photos.

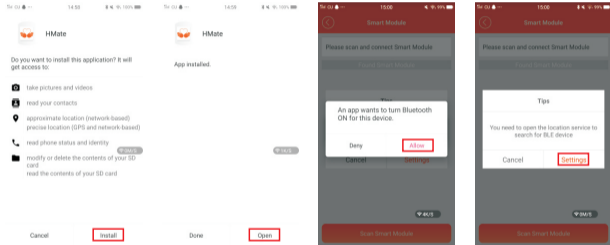


Choose “take photos by watch remote control” in APP, the sign will flash which means you have turned it on

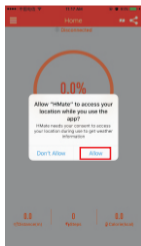
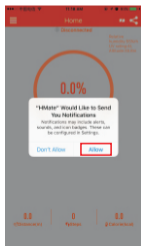
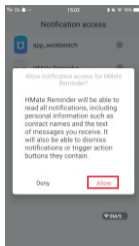
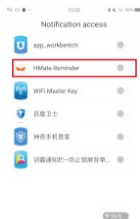
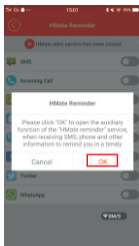
## 4. APP Operation

### 1.1) Install android APP (phone Meitu M6 as the example)

Download APP→install→open(will ask for Bluetooth)approve; Then **need your position Approval** box will appear, you need to AGREE.H-mate box reminder will display too.



Confirm→choose H-mate  
(box: agree for H-mate?)  
→agree

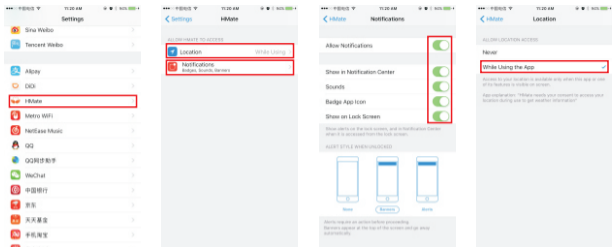


## 1.2) iOS APP install

Search for HMate in APPstore or scan QR code I the text. Then, install→box:want HMate send message?  
→OK→box: agree the HMate to visit your position?  
→agree

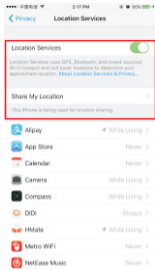
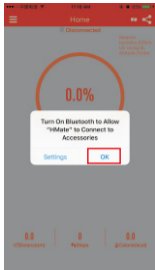
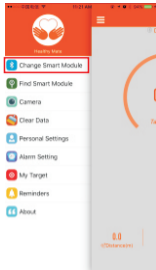
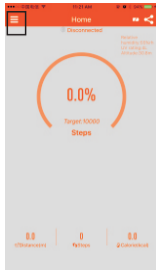
Note:

1. In iOS system, if the humidity, altitude, UV. Information is not updated, then check the item.
2. Find the "HMate" in Settings, open POSITION and then choose "during the applying"

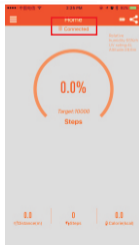
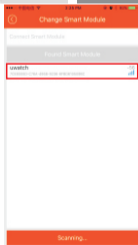


## 2) APP connecting

APP→button setting (on top left)→my device(Box:search for Bluetooth after turn on your locating)→choose Setting and turn on your locating→back to APP→device list(the watch with Bluetooth open should close to your phone )→scan device

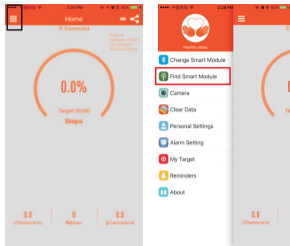


When Uwatch occur, then choose it finishes connecting. In APP interface, you can also see that the device has been connected



### 3) Search for device

Open the menu, and choose “search for device, the watch will sound BEEP.



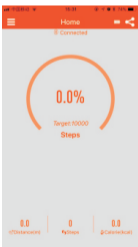
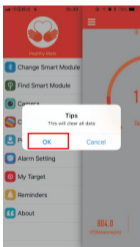
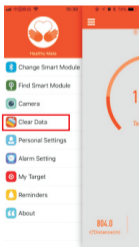
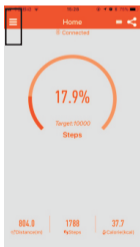
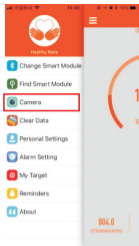
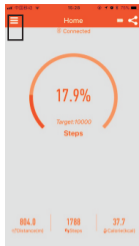
### 4) Search for phones

When the watch and phone is connected, press and hold button C for 3s, the phone will sound BEEP

- Note:
1. The media voice in the phone should be open
  2. The phone and watch should be connected.
  3. IOS users temporarily do not support the search for mobile phones

## 5) Take photos by shaking

Open the menu→choose Take photos by shaking  
→ready to take photos, the camera figure on  
watch will flash. In this condition you can take  
photos by shaking the watch.



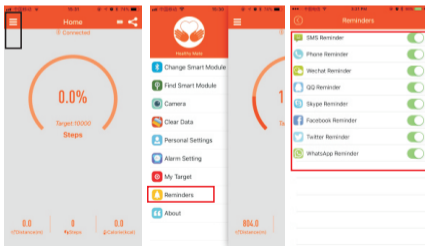
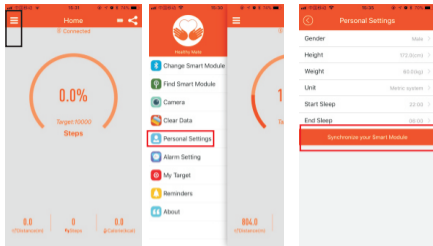
## 6) Delete data

Open menu→choose  
Delete data (box:  
delete your data?)→  
Yes. After finishing  
deleting, it will remind  
you that data has  
been deleted  
successfully.



## 7) Personal setting

Open menu→choose Personal setting  
→finish your information and sleeping  
time (start &end) setting→choose:  
synchronize to the device



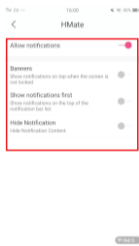
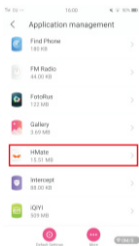
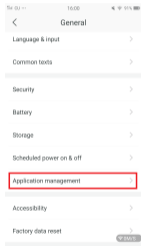
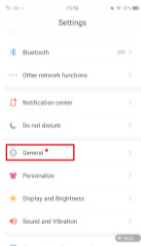
## 8) Reminder setting

Open menu→choose Reminder  
setting→enter HMate interface→turn  
on the APP items that you want

## Note:

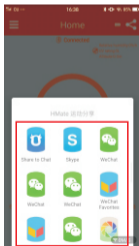
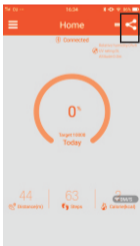
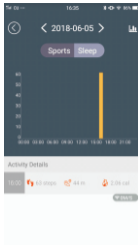
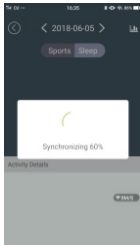
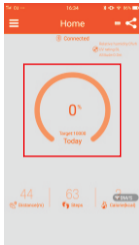
If no reminding on APP,please check:

1. Bluetooth connected or not
2. Does APP have right to notice you.You can set as following (Meitu M6):Open Settings→General→Application management→choose HMate→enter Notice management→turn it on



## 9) Data synchronizing and reviewing

Choose the data process bar in the main interface then they can be synchronized to your phone (more data, then need more time)

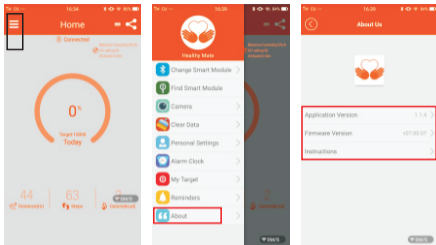


## 10) Exercise sharing

Click the sign Sharing on top right, then you can share to your friends

## 11) About us

Open menu→choose About us  
→review the current FW and  
HW version



## 5. APP Download



Googleplay(Android)



Application(Android)



APPstore(IOS)